

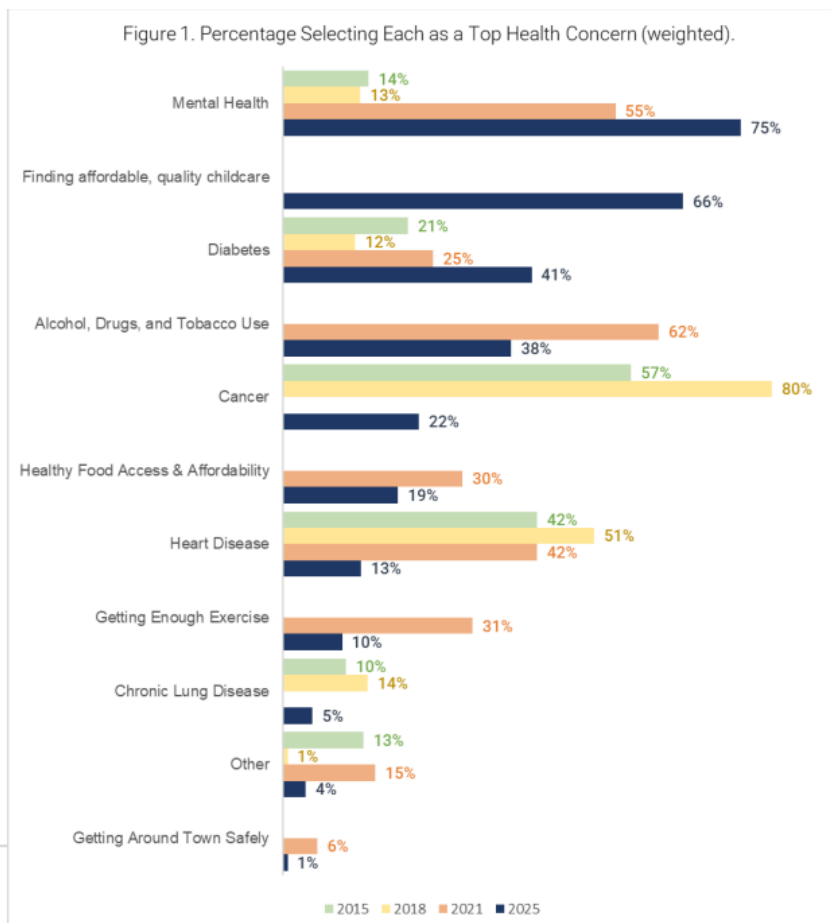
# Community Health Needs Assessment (CHNA) Implementation Strategy 2025

## Executive Summary:

Valley County Health System (VCHS) collaborates with Loup Basin Public Health Department (LBPHD), Jennie M Melham Medical Center (JMMMC), Howard County Medical Center (HCMC) and Calloway District Hospital to conduct a comprehensive Community Health Needs Assessment for the central Nebraska area.

## Key Findings

These are our key findings from our CHA, that help identify our most concerning community issues.



The 2025 Community Health Assessment identifies these priority areas of health in the community:

- Mental Health and Substance Abuse
- Childcare access
- Managing chronic health conditions – including diabetes, use of alcohol, drugs, and tobacco, and cancer

VCCHS' strategy to address these areas is outlined below:

**1) Mental Health Access:**

VCCHS currently provides mental health support through current service lines.

Our Medical Staff includes 5 family practice physicians and 5 advanced practice providers with clinics held in Ord, Burwell, Loup City, and Sargent.

Specialized mental health care can be accessed in the clinic setting. Jane Meyer, APRN, PMHNP provides medication management of psychiatric medications and Kyla Conway, LIMHP provides therapy services. Outpatient services are available through VCCHS' Heritage Program for Seniors – specific to patients aged 55 and older.

**2) Childcare Access:**

VCCHS does not plan to implement any additional childcare programs at this time.

Other organizations are leading the efforts to address this important need. VCCHS will continue to engage in community conversations and will reevaluate this need in future assessments.

**3) Diabetes:**

VCCHS addresses this need through current services and programs. VCCHS employs Mileah Panter, DNP to provide endocrinology services through our rural health clinic in Ord. Diabetic education classes are offered through our certified diabetic educator, Kayla Beethe, RN, CDCES. Grant funds are also available to patients to expand access to diabetes education sessions. Our annual health fair includes discounted lab testing and wellness screenings to area community members to help with diabetes screening and monitoring.

**4) Alcohol, Drug, and Tobacco Use:**

VCCHS will not address this need as it is being addressed by area organizations.

LBPHD has included substance use in their 2025 Community Health Improvement Plan and plans to increase participation in the Nebraska DHHS youth risk behavior survey and increase community education about overdose prevention.

**5) Cancer:**

VCCHS addresses this need through current services and programs. VCCHS participates in Low-Dose CT Lung Cancer Screening Program; provides 3D Mammography, CT, MRI, Ultrasound, and Nuclear imaging to assist in cancer identification, monitoring, and treatment. Our Specialty Clinic and Surgery departments host specialists who perform endoscopy procedures and biopsies. VCCHS is also capable of administering chemotherapy treatments as ordered by oncology and as part of patients' care team.